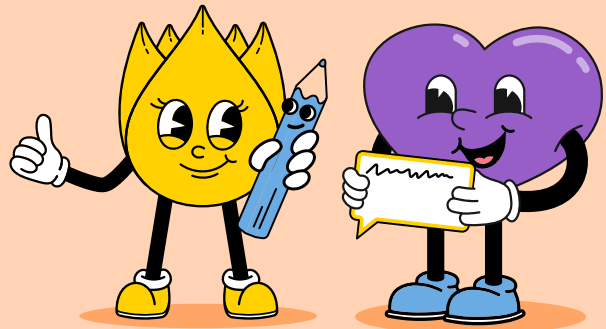


Never a Bother Youth Engagement Activity Tip Sheet

Show your friends or youth in your care that they are never a bother by creating a visual representation that invites them to reach out for support if needed.

Get Ready! You'll need.

- A wall, door, or other space visible to youth you serve or in your community
- Large paper to cover door/space
- Art supplies (colored paper, tape, glue, scissors, and markers)
- Never a Bother prompt bubbles



Step 1. CREATE

Convene a group, brainstorm ideas, and decide on a design. Have each person write a response to the prompt "Bother me When...".

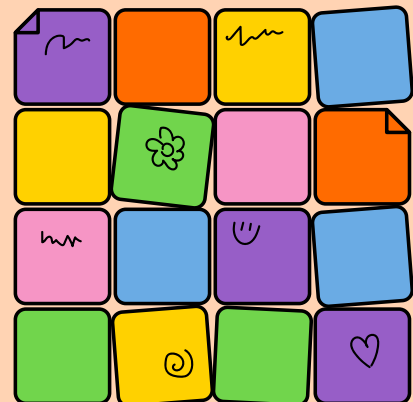
Additional ideas:

- Coping strategies
- Resources such as 988, Teen Line, or resources available at your organization
- Words of support for youth experiencing mental health challenges

Step 2. DISPLAY

Use large sheets of paper to fully cover one side of the door or other selected surface. Then put the individual art pieces together to create your display.

- Make sure to use lots of color and write out a big title on the display!
- Use the Never a Bother prompts to decorate your space, and add any other information or collateral (e.g. posters).
- Have different youth and people in your organization add their own unique answer to the prompt "Bother me When ...".
- When completed, the space should feel welcoming, share information about resources, and encourage youth to reach out for support when needed.



Never a Bother Youth Engagement Activity Tip Sheet

Step 3. CELEBRATE

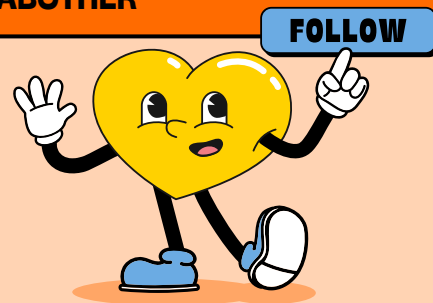
Make it a contest! Have multiple groups work on different doors or spaces and select a panel to vote on which display is the most creative or helpful! You can also plan an event for parents, caregivers and community members to come to your organization and see the display while receiving resources and information about suicide prevention.



Step 4. SHARE ON SOCIAL MEDIA AND TAG @NEVERABOTHER

Take a picture of the door or space and post it on your social media channels using **#NeveraBother**

- Tag the campaign **@neverabother**
- Send a picture to **info@neverabother.org**



For more resources and info, visit NeveraBother.org

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